

Affiliated to I.C.S.E.
School Code - UP-022



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JEEVAN MARG SOPHIA SECONDARY SCHOOL



C.C. Road, Deoria (U.P.) - 274 001

Date :

Dear Parents/Guardian,

The government of India through its advisory regulating authority of India (FSSAI) has given guidelines to provide nutritious food to children.

The school is organizing different activities, workshop in the school as well as through online interaction with the students and parents to provide knowledge about "Eat right India" movement which empowers to ensure that our food is good for both "the people & the planet".

Therefore it is recommended to provide salutary nourishment to your children in every day routine.

Parents must try to give children chappati, blended cereals, green vegetables, fresh fruits, nuts and protein based food in order to fulfill their nutritional requirements.

It is also suggested that junk food should be abominated for giving children.

"Eat well, live well, Be well".

Thank you,

Sister Daisy
Principal

Jeevan Marg Sophia Sec. School,
C.C. Road, Deoria .